



# The Heart Plantation

Naked Soul Work



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# 11 Steps to Unearthing Your Natural Feminine Radiance



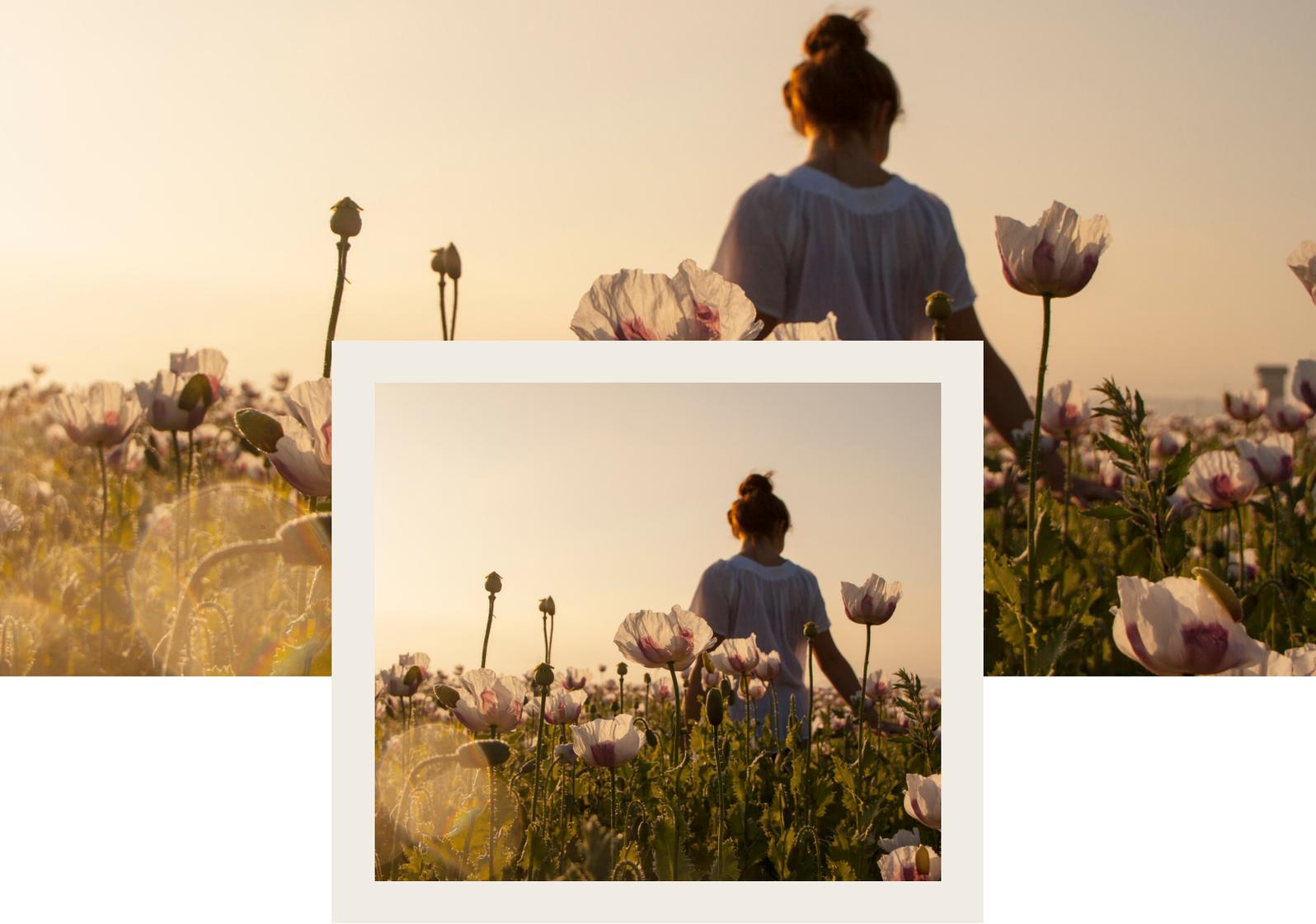
I believe my calling in life is to reconnect women with their lush feminine nature that has become lost in this hectic world. This course is an invitation to discover your feminine wonderment through the delights & pleasures that come from embracing your girl gifts.



## **Calling all women!**

Have you lost your playful whimsical nature? Is your passion lacking? Are you stuck in habitual patterns that exhaust you and those around you?

In this course you will learn key ways to soften into your true feminine value. To let go of striving and create new rhythms & rituals. Reclaim the devotion of your heart & whomever receives your naked soul. Learn to understand the female brain through neuroplasticity. Embrace your deep yearning. Explore healthy boundaries. Awaken wild confidence in your physical & sensual body. Retrain your understanding of sexy. Learn to honor your intuition. And fall in love with life again.



# Course Syllabus

11 MODULES OVER 11 WEEKS

1. Goals - 5 step plan.
2. Rhythms & Rituals - daily. weekly. engrained.
3. Feminine Heart - exploring true feminine radiance.
4. Breath Work - sensual & somatic.
5. Shadow Work - addressing negative agreements, patterns & beliefs.
6. Masculine & Feminine Dynamics - mastering sex polarity.
7. Sex & Intimacy - need I say more, wink wink.
8. Physical Radiance - adorning your self, boundaries, posture of wanting to be claimed.
9. Female Brain - neuroplasticity for femininity.
10. Rapid Eye Movement / Immanuel Therapy - deep memory work.
11. BONUS WEEK - breaking agreements, soul ties & generational curses through prayer.

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REGISTRATION OPENS JAN 2023

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# INCLUDED IN THIS COURSE

- 1** - Private coaching session per week
- 3** - Marco Polo video messages - \*goals for the week, \*questions about material, \*reflections
- 1** - Breath work session per week - call In live (will also be recorded)
- 1** - Private course podcast per week
- Lifetime access to the Heart Plantation toolkit**
- Additional resources & recommendations- books and podcasts

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# RESERVE YOUR SPOT TODAY



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## ENROLLMENT

**EARLY BIRD ENROLLMENT- \$320/month for 3 months**

First Payment Due: Jan 23rd 2023

**STANDARD ENROLLMENT - \$400/month for 3 months**

First Payment Due: Feb 1st 2023

**FRIENDS THAT PLAY TOGETHER STAY TOGETHER - \$220/month for 3 months**

First Payment Due: Feb 1st 2023

**\*If you and a friend sign up together you both individually save \$540.00.**

READY TO JOIN ME ?  
CLICK HERE TO APPLY

**Text or call: 509.209.6116**

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